

Ministry of Education, Heritage & Arts

Year 10 Careers Education

Dreaming for a better Future

A formula for turning your dreams into reality is

GOALS + COMMITMENT = DREAMS COME TRUE

You can draw the outline of your hand on any page to do this fun activity.

In each finger write five dreams that you would like to fulfill in future. In the palm of the hand, write down five (or more) strategies or things you need to do in order to fulfill these dreams.

